

BUTTONING

Occupational Therapy

Objective:

- Student will button several buttons.

Approximate Developmental Age:

- Three to three-and-a-half years.
(3 – 3.5 yrs.)

Materials:

- Initially use large, easy-to-handle buttons.
- Progress to using smaller sized buttons.

Position:

- Sitting or standing.

Task Analysis:

- Backward chaining. Trainer prompts student through entire learning process, leaving last part or parts for student to complete.

Note:

- Student will learn front buttons first, then smaller front and side buttons, and finally back buttons.
- Student will pull the buttonhole edge of shirt over the button that is halfway through.
- Student will pinch button and pull the buttonhole edge of shirt over the button that is just started in the hole.
- Student will pinch button and start it through hole to button.



ZIPPING

Occupational Therapy

Objective:

- Student will zip a zipper.

Approximate Developmental Age:

- Three to five years.
(3 –5 yrs.)

Materials:

- Initially use large, easy-to-close separating jacket zipper (1/2" wide); progress to smaller sized zippers.

Position:

- Sitting or standing.

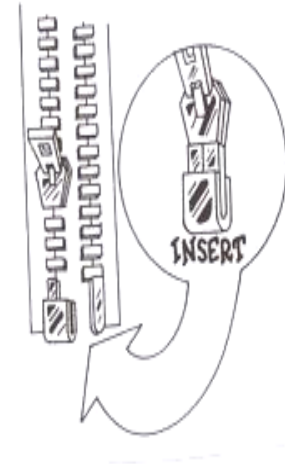
Task Analysis:

- Backward chaining. Trainer prompts student through entire learning process, leaving last part or parts for student to complete.

Note:

After the student can zip a separating jacket zipper with the shank already inserted, into the slide bottom, introduce the insertion procedure.

- Student zips zipper when three-fourths zipped.
- Student zips zipper when one-fourth zipped.
- Student zips separating zipper with shank and slide bottom already fastened, with guidance to grasp the pull tab.
- Student holds slide bottom with one hand, is guided to insert shank into slide bottom, and zips.
- Student zips separating zipper independently.



Tip:

Mark the two sides of the zippers with different colours (e.g. with nail polish) to make it easier to reference. If making a zipper board, use two different colours of zippers to easily label each side.